

“First Things First”

Before we can grasp our external world (and be able to determine our place in and with it), we must first understand ourselves.

All too often, we are too quick to delve into all things external and extrinsic to define, validate and understand ourselves. That is the wrong order of things. And even for those of us who *do* insist on the intrinsic-first-before extrinsic; often times, we still tend to devote more time and attention to the latter-than we do [to and for] ourselves.

In advance and as the writer of it, I am here to tell you: this book is *not* that kind of book.

We are not going to be discussing ways you should react, act, and think in order to achieve some external reward for doing so. Instead, this book’s basic premise is about discovering something(s) about yourself, that once done; is beneficial and fulfilling for you, as well as others (as a result).

I spend a great majority of this book, page-by-page (all the way through page 183), elaborating on the importance of the “**First Things First**”: helping you discover your astrological “firstness”(as per your very own individual birth placement). Because “you” cannot, and should not be ignored during my efforts/basic premise and conclusion of the book: helping you in **Discovering Your Karma Mission and Purpose in Life**.

That being said, resist the urge to rush through the first 183 pages, because-page by page, this book is written in a simple, but particular order with passages and lessons to help you understand the remaining pages (184-200).

As a psych and philosophy student, and more importantly (a life student), it concerns me greatly-something that you’ve probably never thought about (with regard to our “learnedness” versus our innateness). If you think about it, from birth and until about age five is about all the time of our lives we will get to (without judgment, scorn, repercussion or reprimand) live out our innateness and naturalness. From age five going forward, we are *taught* how to react, act, think and feel. We *learn* what it is to be shamed, and punished. And as a result (by way of our parents, peers, work and schools, etc.), we adhere to a kind of bureaucratic systematic order of things, and how they *should* be (if we are to be considered normal and of this world).

Well in this book, (for the first 183 pages), we will be spending a lot of time delving into your innateness-your “firstness” astrologically, and then applying it to your “secondness,” your learnedness, your external and “of the world,” spiritual “reward.”

While I do subscribe to many spiritual books’ premise, I am amazed at how many spend so much time teaching that some extrinsic concern and act, react or thought will provide us with some external and everlasting rewards and benefits. While that may be true (to an extent), it’s not genuine-or natural, and

furthermore-pulls us away from truly learning our (true) selves.

Under no uncertain terms do I, or will I ever believe that anybody can be of any good to others, without first being good to and understanding themselves. Any external reward or benefit we get without the interior/intrinsic/internal work being explored is like trying to build a building without a solid foundation and place from which to start.

Here, in this book (before throwing the world upon you) we are starting with first things first: you-knowledge of self.

Having knowledge of your person, you will find, that like a sandwich; you need the bread first, then the meat, then another piece of bread on top. But because life and people are ignorant to, or have chosen to be ignorant to what is paramount; (like that first piece of bottom bread) you will find that throughout life, you have been given the meat first and then forced to put the other piece of bread right on top of it (which enabled it slip through your fingers because it was missing that first bottom piece of bread to safely hold the meat in between). This would have enabled you to grip it properly and devour its ingredients traveling through you, and as well, what (if any) nutritional content it even had...

Speaking of food, we are always jumping on the bandwagon of “the new what’s happening.” And just like when that no-carb diet craze first started, the world jumped on. Some people complained their weight stayed the same, many lost weight, while others gained. It did not work for everybody. Why? Because carbohydrate diets only work for specific blood types-not all of them.

The point is, regardless of whether or not it is a popular diet; the spirit guides the body to knowledge of all that is needed to know for any mental, emotional and/or physical nourishment, but only if you open your mind, and your heart to it.

Just a little food for thought, now here’s more.

Open wide: